

Carpenters & Joiners Benefits (Health/LIB)www.carpentersandjoinersbenefits.com

View dollar bank balance, eligibility, defined benefit pension, contributions to savings & more.

(952) 851.5788

**Milliman (DC)**www.millimanbenefits.com

Log in to manage and view your balance in your defined contribution pension.

(952) 851.5788

To obtain pin to register online, call ... (833) 822.2777

Carpenters Federal Credit Unionwww.mycarpenterscu.org

Once you set up your account with the credit union, you can log in to view balance and deposits.

(651) 646.8827

Northern Midwest Regional Councilwww.nmcarpenters.com

Access this site to view Dispatch, the Job Board, pay dues, access CBA's and wage sheets & more!

(651) 379.0200

United Health Groupwww.umar.com

Visit this site to find network providers by selecting "Find a Provider" and then "United Healthcare Choice Plus Network"

(952) 851.5788

Group # 76-580056

Delta Dentalwww.deltadentalmn.org

Visit this site to find network providers in your area to save money on dental visits!

(952) 851.5788

Group # 000296

T.E.A.M.www.team-mn.com

Free confidential services to help members with depression, stress, drug and alcohol problems, legal concerns, etc.

(651) 642.0182

Teladocwww.teladochealth.com

Telemedicine services provided to you under the health and welfare fund at no cost if an eligible plan participant.

(800) 835.2362

DISPATCH Ready-to-Workwww.nmcarpenters.com

Your initial PIN when you register will be the last four digits of your SSN.

(877) 558.6699

Carpenters Training Institutewww.carpenterstraininginstitute.org

Visit this site to view the list of continuing education classes and learn more about apprenticeship.

(651) 646-7337

Carpenters Local 322www.carpenters322.org

Visit our Local website to view news, pay dues, view the calendar, purchase apparel & more.

(651) 379-0272

FREE Annual Credit Reportswww.annualcreditreport.com**Online OJL Hours Reporting**www.carpenters.org

Use the Member Portal to log in and report your OJL (on the job training) hours or access the LMS.